

The Physio Base Mentor Program has been designed for physiotherapists looking to take their learning to the next level.

Working one on one with an experienced physiotherapist to enhance your knowledge, practical and clinical reasoning skills.

The program is aimed at musculoskeletal physiotherapists starting out in their career or those with years of experience who are looking for the next step.

The Mentor Program has been created by experienced physiotherapists to help guide physio's in integrating knowledge and skills into clinical practice.

The aim is to give physios the tools and confidence to be able to manage any clinical presentation, improve client outcomes, enhance job satisfaction, and continue to develop professionally.

### WHAT'S INCLUDED IN THE PROGRAM:



# One-on-one sessions

Face-to-face or online. 90-minute session each month.



### Specific education modules

Targeting knowledge gaps, specific body areas, normal movement patterns, application and integration of previous learning.



## Technical skill development

Practical objective assessment skills and treatment techniques.



# Clinical reasoning development and framework

Expanding clinical reasoning.



### Clinical support

Email support and 30-minute online session each month.



### **Shadowing**

Potential for observation in clinical setting. Joint assessments and treatments. Complex case presentations.



### **Online resources**

Video and PDF resources.

